

Take a **STEP** toward  
better **HEALTH**



## Walk with a DOC

**November & December 2011**

**Join the doctor and bring your family...  
Experience the path to good health**



Date	Time	Location
<b>Saturdays</b> <b>November 26</b>	<b>New time</b> 0730 hours	Interested employees with their families will meet at Formal Park in front of the Fountain (location map attached)
<b>Saturdays</b> <b>December 3, 10, 17, 24 &amp; 31</b>		

## Location Map – Formal Park

