



## TAKE A **STEP** TOWARD BETTER HEALTH

This walking program is a fun and safe place to take a walk (at your own pace), learn health tips from local healthcare professionals, and meet new people. The events are FREE and all are welcome!

Join us on our next  
Walk on January 17<sup>th</sup>,  
2026 at 9:00 AM

Walk Location:  
West Melbourne Community Park  
(meet at the Aves' Place)

SCAN TO  
LEARN MORE:



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