



**1ST AND 3RD SUNDAY OF  
EVERY MONTH AT 10:00 AM  
SUNSET RIDGE PARK  
320 E SUPERIOR AVE FOR PARKING**

**JOIN US FOR WALK WITH A DOC!**

You'll take a few minutes to learn about a current health topic, then spend the rest of the hour enjoying a healthy walk at your own pace and distance. It's a great way to be active, learn about health, and meet new friends. The events are free and open to everyone!



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**More information:**



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