



Join Us for Walk With A Doc!

 Date: Thursday, April 2, 2026

 Time: 2:00 PM

 Location: Dominion Gardens, 118 Guelph St,
Georgetown. Meet by the playground.
Walk Lead: Dr. Aakriti Chawla

What to Expect:

- A brief health talk led by a local physician.
- A fun, relaxed group walk for all ages and fitness levels.
- A chance to connect with your community and take steps toward better health!

Why Join?

Walking improves mental and physical health, and it's a great way to meet new people while learning health tips from trusted professionals.

What to Bring:

- Comfortable shoes.
- Weather-appropriate clothing.
- A friend or family member—everyone is welcome!